

MBARE BNB¹ – OCTOBER 2019 (ECOCASH BASED)

A. Essential Food Items:				
ITEM	Preferred brand	Unit available	Quantity	\$ZWL AVERAGE
Mealie Meal (breakfast)	Red Seal (Roller meal)	20kg	2	287.96
Cooking oil	D'lite	2Ltrs	2	113.60
Beef	CSC/ Economy/ mixed	1kg	5	392.50
Chicken	Mixed portions	2kg	1	91.39
Beans	Sugar beans	500g	4	63.96
Fish	Fresh	1kg	4	207.96
Dried Fish (Matemba)	Kapenta	1kg	1	103.99
Salt	Pro-brands	2kg	1	15.89
Bread	Bakers Inn	1loaf	30	465.00
Drink	Mazoe orange crush	2 litres	2	89.98
Rice	Red seal / Mariana	2 kg	2	74.78
Eggs	Standard	1 crates	2	156.38
Sugar	Hullet (brown) sugar	2kg	2	63.98
Tea (leaves)	Stella	250g	4	50.60
Milk	Steri	500ml	12	143.88
Margarine	Buttercup	2kg	1	191.96
Onions	Onions	1kg	10	132.00
Tomatoes	Tomatoes	1kg	10	155.00
Vegetables (greens)	Rape	1kg	22.5	168.75
Sub-total				2 970.00
B. Essential Non-food items				
Washing soap	Green bar	1kg	5	190.00
Bathing soap	Geisha tablets	250g	5	76.50
Washing Powder	Omo	2kg	1	122.70
Toothpaste	Colgate	100ml	2	34.00
Sanitary pads	Farai	1 pack	3	65.40
Toilet paper	Softex	4 rolls	4	60.00
Candles	Candles	pack of 6	1	20.50
Matches	Lion	carton	1	7.99
Jelly	Vaseline	250ml	2	117.80

¹ The Basic Needs Basket (BNB) calculations are based on the prices tracking undertaken on the 28th of OCTOBER , 2019 at OK Super and other shops, Mbare.

Sub-total				694.89
C. Rates and other essential services				
Water & Sanitation (medium cost - fixed)	Water	fixed		5.00
	Average usage/month	m3		10.12
	Sanitation (Sewage)	fixed		6.50
Monthly rent (4 roomed house)	Basic Accommodation	per room		280.00
Electricity	Average usage/month			282.00
Sub-total				583.62
Total for Basic Needs Basket for MBARE				ZWL \$ 4 248.51
Other Costs				
Telephone/Communication		\$/month	-	-